



# St. Demetrios *Parish Newsletter* August 2015

41-47 Wisteria St., Perth Amboy, N.J. (732) 826-4466 Fr. Angelo J. Michaels

## The Dormition of our Most Holy Lady the Theotokos and Ever Virgin Mary AUGUST 15.



### AUGUST 2015 RELIGIOUS CALENDAR

Aug 2 - Epistle Acts of the Apostles

6:8-15; 7:1-5, 47-60

Πράξεις Ἀποστόλων 6:8-15, 7:1-5, 47-60

Gospel Matthew 14:22-34

Ματθαῖον 14:22-34

Aug 9 - Epistle St. Paul's First Letter to the Corinthians 4:9-16

Κορινθίους α' 4:9-16

Gospel Matthew 17:14-23

Ματθαῖον 17:14-23

Aug 16 - Epistle St. Paul's First Letter to the Corinthians 9:2-12

Κορινθίους α' 9:2-12

Gospel Matthew 18:23-35

Ματθαῖον 18:23-35

Aug 23 - Epistle St. Paul's First Letter to the Corinthians 15:1-11

Κορινθίους α' 15:1-11

Gospel Matthew 19:16-26

Ματθαῖον 19:16-26

Aug 30 - Epistle St. Paul's First Letter to the Corinthians 16:13-24

Κορινθίους α' 16:13-24

Gospel Matthew 21:33-42

Ματθαῖον 21:33-42

[www.stdemetriospertхамboy.org](http://www.stdemetriospertхамboy.org)

### SERVICES (unless otherwise stated)

Sunday Orthros 9:00 A.M.

Divine Liturgy 10:00 A.M.

### ANNOUNCEMENT FOR SACRAMENTS

No Baptisms will be scheduled during any of the Great Feast Days of the Lord.

### Κοίμησις τῆς Ὑπεραγίας Θεοτόκου Ἀυγούστου 15



### Dormition of our Most Holy Lady the Theotokos AUGUST 15

The Dormition of the Mother of God (Greek: Κοίμησις Θεοτόκου), is a Great Feast of the Eastern Orthodox, and Churches commemorating the "falling asleep" or death of Mary, the mother of Jesus (literally translated as God-bearer), and her bodily resurrection before being taken up into heaven.

Ἐν τῇ Γεννήσει τὴν παρθενίαν εφύλαξας, ἐν τῇ Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε, Μετέστης πρὸς τὴν ζωὴν, μήτηρ υπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρομένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

### ST. DEMETRIOS UPCOMING ACTIVITIES FOR 2015.

Please mark you calenders and sign up at the church office for the following activities:

- **Saturday August 15** Senior Citizen's Luncheon. Contact Helen Catelanos.
- **Sunday Septmeber 27** Trip to Asbury Park for Liturgy and Elevation of the Cross. We will go as a Famly to Services and Throwing of Cross by Metropolitan Evangelos.
- **Saturday October 10** Trip to the Monastery of Irene Chrysololandou in Astoria NY. We will tour the Monastery, stay for compiline services and have lunch at a Greek Restaurant.
- **OCTOBER 25** Vespers St. Demetrios.
- **October 26** Feast of St. Demetrios Divine Liturgy and Complimentary Brunch
- **Saturday November 14<sup>th</sup>** CHURCH DANCE PINES MANOR, EDISON, LIVE 5-Piece Greek band.



### *Message from Father Angelo*

Dearly beloved as we come close to the end of another ecclesiastical year we must prepare ourselves for the new year. Therefore let us dedicate our whole lives to Christ our God and all of our Patron Saints.

In August we celebrate the Holy Transfiguration which our Lord Jesus Christ is seen talking to Moses and Elijah about his passion, crucifixion and resurrection. We see him being transfigured and his whole body was purified and he was as white as snow. His disciples did not know about his transfiguration but they witnessed it. In like manner in the new Ecclesiastical year let us transfigure our own minds, bodies, hearts and souls in the likeness of Christ. To transfigure oneself it must be done physically, spiritually, and mentally. A good example of this is a caterpillar; it goes from an ugly insect and becomes a butterfly with beautiful colors. This is a Transfiguration.

On August 15, we also celebrate the Dormition of the Theotokos of the Virgin Mary. The Virgin Mary was transported by the Angels of God and joined her Son in heaven. During the month of August we fast from the 1<sup>st</sup> to the 14<sup>th</sup> for the Virgin Mary to forgive us of our sins. We also celebrate John the Baptist. So the closing of the ecclesiastical year is very important to help us prepare physically & spiritually for the new ecclesiastical year. In order for us to understand and to be clear about the sacred services of the Orthodox worship we must include the morning prayer or Matins, the service of the hours, the service of Nocturnes, service of the Royal hours. The cycle of each day consists of 24 hours. The services of the 24 hours do not last for the entire three hours but are sung within each three-hour period. These eight services of the day and night cycle are not kept entirely by churches today but by some monasteries, convents and individual priests. Some of these services are combined such as the ninth hour with Vespers, the Nocturnes with the Morning Prayers. During the 24-hour cycle of the day, many other services are officiated, such as the Seven sacraments, funeral services, etc.

We would like to begin with the service of Compline “God is with us... O, Lord of Hosts, abide with us”. The compline service consists of prayer before retiring for sleep. The worshiper invokes the Grace of God to illuminate his faith and strengthen his will to serve God after our rest. The service consists of three parts:

1. Thanksgiving to God and the invocation to grant a restful sleep;
2. Hymns of penitential nature;
3. Hymns to the glorification of Christ.

In the new ecclesiastical year which begins in September we ask God to transform and protect us with good health, spiritual awareness, love, compassion and understanding.

With paternal love

Father Angelo Michaels

Protopresbyter



## Η ανακοίνωση του Πρωτοπρεσβυτέρου

Αγαπητοί ενορίτες,

Καθώς πλησιάζουμε στο τέλος ενός άλλου εκκλησιαστικού χρόνου, πρέπει να ετοιμαζόμαστε για το νέο έτος. Ως εκ τούτου, ας αφιερώσουμε την ζωή μας στον Ιησού μας Χριστό και σε όλους τους πολιούχους μας. Το Αύγουστο γιορτάζουμε την Μεταμορφόση του Σωτήρος μας στην οποία βλέπουμε τον Χριστό μιλώντας με τον Μωυσή και τον Προφήτη Ηλία για τα πάθη, την σταύρωση και την ανάστασή του. Βλέπουμε που μεταμορφώθηκε, καθαρίστηκε και έγινε λευκό σαν το χιόνι. Οι μαθητές του δεν ήξεραν για την Μεταμορφόση αλλά την είδανε. Με τον ίδιο τρόπο, ο καινούργιος εκκλησιαστικός χρόνος μας επιτρέπει να μεταμορφωθούμε καθ' ομοίωσιν του Χριστού. Αυτή η μεταμόρφωση πρέπει να είναι σωματική, πνευματική και ψυχική. Ένα καλό παράδειγμα είναι το σκουλήκι, αρχίζει σαν ένα άσημο έντομο γίνεται μια πεταλούδα με όμορφα χρώματα. Αυτή είναι μια μεταμόρφωση.

Στις 15 Αυγούστου γιορτάζουμε την Κοίμηση της Θεοτόκου. Η Παναγία μεταφέρθηκε από τους Αγγέλους του Θεού και ξαναβρήκε τον Γιό της στον Παράδεισο. Κατά την διάρκεια του Αυγούστου νηστεύουμε από την πρώτη του μηνός ως στις 14 για μας συγχωρέσει τις αμαρτίες μας η Παναγία. Επίσης γιορτάζουμε την Αποκεφάλιση του Προδρόμου και Βαπτιστού Ιωάννου. Ωστόσο, το τέλος του εκκλησιαστικού χρόνου είναι σημαντικότερο για να προετοιμαστούμε σωματικά και πνευματικά για το καινούργιο εκκλησιαστικό έτος. Για να καταλάβουμε την ιερή ορθόδοξη λατρεία πρέπει να περιλαμβάνουμε τον Όρθρο, την λειτουργία των ωρών, την νυχτερινή λειτουργία και την λειτουργία των Βασιλικών ωρών. Ο κύκλος της κάθε μέρας αποτελείται από 24 ώρες. Οι λειτουργίες δεν διαρκούν για το σύνολο των τριών ωρών αλλά τραγουδιούνται σε κάθε περίοδο τριών ωρών. Σήμερα, όλες από εκείνες τις 8 λειτουργίες του κύκλου δεν γίνονται στις εκκλησίες αλλά γίνονται στα μοναστήρια και στις μονές.

Θα θέλαμε να ξεκινήσουμε με την λειτουργία του Αποδείπνου «Ο Θεός είναι μαζί μας ... Κύριε των Δυνάμεων μεθ' ημών γενού.» Το Απόδειπνο από προσευχή πριν τον ύπνο. Ο προσκυνητής επικαλείται την Χάρη του Θεού να φωτίσει την πίστη του και να ενισχύσει την θέλησή του να υπηρετήσει τον Θεό μετά την ανάπαυσή του. Η λειτουργία αποτελείται από τρία μέρη. 1 Η ευχαριστία στον Θεό και την χορήγηση για ένα ξεκούραστο ύπνο. 2 Οι Ύμνοι της μετάνοιας φύσης. 3 Οι Ύμνοι της εξύμνησης του Χριστού.

Στο νέο εκκλησιαστικό έτος που αρχινάει το Σεπτέμβριο, ας ζητήσουμε από τον Θεό να μας προστατεύει και να μας δίνει καλή υγεία, πνευματική εγρήγορση, αγάπη, συμπόνια και κατανόηση.

Πάτερ Άγγελος Μιχαλιός

Πρωτοπρεσβύτερος

**THE NEXT STEWARDSHIP LIST WILL BE PUBLISHED IN OCTOBER.**

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Stavros Tsapatsaris

Deadline for submissions for the  
 September 2015 Bulletin is  
 August 10, 2015.

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## PRESIDENT'S MESSAGE AUGUST 2015

My Brothers and Sister in Christ,

When I began this Presidency I suggested to the community that we should embrace Four Main Values as Orthodox Christians in St. Demetrios:

**Worship (Liturgia) Spiritual Resurgence**

**WITNESS (Martyria) Manifesting of the Faith**

**SERVICE (Diakonia) Ministering of the Faith**

**FELLOWSHIP (Koinonia) Communion of the Faith.**

To insure we meet these goals the Parish Counsel has assisted in reorganizing and planning new initiatives in reinvigorating and revitalizing our church. As you can see from the contents of this newsletter, we are planning many activities and programs to assist our parish in achieving a greater spiritual fulfillment.

**WORSHIP**-The Board along with Father Michaels has, since January, held **Paraklysis** twice a month; the 1st Friday of the month asking our blessed Theotokos to intervene for our needs and the 3<sup>rd</sup> Friday of the month asking our Patron Saint Demetrios to assist us. This month we have 6 Paraklysis opportunities.

**WITNESS**- No greater **service** exists than to manifest the faith. This we did by working with and welcoming our OCMC Missionaries from Albania. This should be an ongoing project at St. Demetrios. In our Narthex, the children of Albania, who received the musical instruments and books we sent, have sent us a photo poster. This summer we welcomed to our community Albanian Missionaries Pamela Barksdale and Jeffry and Karyn Macdonald.

**SERVICE**- Our Lord and Savior Jesus Christ came not to be served but to serve. So too should we serve those in need. This is an area we ALL must work towards improving. We need to feed the poor, visit the needy, comfort those who mourn and help those in need whether spiritually, mentally or emotionally. The Parish Council has unanimously voted to host a free showing of the film Selma in November with a City wide invitation to witness that historic time of Christian love during a racist era and how brotherhood triumphed. Featured in the film is our own Archbishop Iakovos, who in 1965 defied conventional advised and walked with Dr. Martin Luther King. We too need to be an active participant in building bridges in our City with all our neighbors.

**FELLOWSHIP (Koinonia)** We need to realize and become aware that Christ is the focal point of all our activities and relationship with one another. During the remaining months of 2015 we ask you to join as one family and take a bus trip on September 27<sup>th</sup> to Asbury Park for the Annual State wide Liturgy with Metropolitan Evangelos. Come with us as one family on October 10 to a pilgrimage to the monastery of Irene Chrysovalandou in Astoria NY. In December we will again take a bus trip to Evangelismos Church in NY to hear the Christmas program by the Greek Metropolitan chorale.

Commit yourself to be an active Christian. Join, do, love.

Marina Corodemus  
 President Parish Council St. Demetrios



## OCMC ALBANIA MISSIONARIES

Albanian Missionaries Dr. Jeffrey and Caryn MacDonald, speak with St. Demetrios members about their work in Albania and the mission of Orthodox Christian Mission Center.

Looking on are Chris Corodemus and Maria Mantoudakis.



## ***P.T.O News***

*Dear Parishioners,*

***Hope everyone is enjoying the summer!!! We are planning some new additions for our St. Demetrios Youth Ministries.***

I am excited to announce the addition of **Hope, Joy** and **Greek School** in the upcoming school year. All new organizations will be under the P.T.O including Sunday School and GOYA. All Advisors, Superintendents and P.T.O will work diligently together to enhance our Youth Ministries. We are in the planning stages of incorporating fascinating field trips to the State Theater and to a Zoo or Aquarium.

**September 13, 2015 will be our Registration Day, so come join us!!! A PTO Church Picnic will be held on this day to welcome everyone back. We look forward to seeing you all there.**

As always, without the support of our parishioners, we would not be successful. I would be delighted to speak with anyone interested in becoming an ***advisor or volunteer*** to enhance our new programs with interesting and motivating ideas for our youth. Please feel free to call me (646) 621-0210.

Liz DaCunha, PTO President





## CHURCH DANCE SCHEDULED FOR NOVEMBER 14TH

St. Demetrios Greek Orthodox Church Annual Church Dance will be held at The Pines Manor, Route 27, Edison, NJ on Saturday, November 14, 2015 7:00 pm to 11:00 pm.

Entertainment will be provided by the Award-winning, nationally known band from NYC - The NIKOS KOUTRAS GREEK BAND.

The menus will include hot hors d'oeuvres, Greek salad, Prime Rib or Salmon dinner and Dessert. Children's menu of chicken fingers and fries will be available. There will also be a Cash Bar serving wine, beer and cocktails.

Admission is \$60 for adults; Seniors \$50; \$25 for Children 12 and under

Dance Co-Chairpersons are Helen (Coutros) Horan & Liz DaCunha.

Make reservations early, call Helen 908-794-3065 or Liz 646-621-0212.

You may also bring your checks to our Church Office. Make checks payable to St. Demetrios Church.

### PARAKLESIS SERVICES TO RESUME

Paraklesis for intervention will commence on Monday August 3<sup>rd</sup>, Friday August 7<sup>th</sup>, Monday August 10<sup>th</sup>, Wednesday August 12<sup>th</sup> and Friday August 28<sup>th</sup>.

Come give thanks, ask for intervention and protection. Please bring family names for prayers (see form page 11).

Paraklesis is our collective direct line to heaven asking for the intercession of the Panagia and St. Demetrios respectively for us and our loved ones.

A list of names should be submitted by you that night to Father Michael for Special Prayer. Prayer will be in Greek and English.

### Notice to Community

Due to numerous unfortunate security lapses in both in the Church and community center, all door and office entries have been re-keyed.

No individual keys will be issued.

If you need entry to the community center or church during non-employee hours, contact Froso in her office to sign a key out and return within 24 hours after your task.

It is strongly urged that no person come either to the community center or the church Alone at any time, especially in the evenings. In any cases, if you see something, (lights on, Water, Food left out, Etc), SAY SOMETHING!

**LET'S KEEP SMART AND SAFE.**



**Emanuel BALSAMIDES SR**  
*President*

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Child's Name \_\_\_\_\_

Όνομα Μαθητου \_\_\_\_\_

Address \_\_\_\_\_

Διευθυνση \_\_\_\_\_

Telephone # Home# \_\_\_\_\_ Cell# \_\_\_\_\_

Τηλεφωνο

Birthday \_\_\_\_\_

Γενεθλια

Mother's Name

Father's Name

Όνομα Μητερα

Όνομα Πατερα

Grade in Public School \_\_\_\_\_

Grade in Greek School \_\_\_\_\_

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~ August 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Dormition Fast begins
2	3 Paraklysis 6pm	4	5	6 Holy Transfiguration Divine Liturgy 10am	7 Paraklysis 6pm	8
9	10 Paraklysis 6pm	11	12 Paraklysis 6pm	13	14 Vespers @ Kimisis tis Theotokou- Holmdel 7pm	15 Dormition of the Theotokos Divine Liturgy 10am
16	17	18	19	20	21	22
23	24	25 Sunday School Teachers Meeting 7pm	26	27	28 Paraklysis 6PM	29 Beheading of John the Baptist. Divine Liturgy 10am
30	31					

The General Assembly Meeting previously scheduled for June 14th will be rescheduled for September.



**SAVE THE DATE**  
**SUNDAY SEPTEMBER 27<sup>TH</sup>**  
**BUS TRIP TO ATTEND HOLY CROSS CEREMONY IN ASBURY PARK**  
**PLEASE CONTACT THE CHURCH OFFICE TO SIGN UP FOR SEATS.**  
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~ Αύγουστος 2015 ~

ΚΥΡ	ΔΕΥ	ΤΡΙ	ΤΕΤ	ΠΕΜ	ΠΑΡ	ΣΑΒ
						1 Αρχίζει η νηστεία του Δεκαπενταύγουστου
2	3 Παράκληση 6 μ.μ.	4	5	6 Η Μεταμορφώση του Σωτήρος  Θεία Λειτουργία 10 π.μ.	7 Παράκληση 6 μ.μ.	8
9	10 Παράκληση 6 μ.μ.	11	12 Παράκληση 6 μ.μ.	13	14 Παράκληση 6 μ.μ.  Εσπερινός 7 μ.μ. στον Ιερό Ναό Κοιμήσεως Θεοτόκου	15 Η Κοίμηση της Θεοτόκου  Θεία Λειτουργία 10 π.μ.
16	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>GREEK SCHOOL OPENS IN SEPTEMBER WITH KYRIA ALEXANDRA.  REGISTRATION FORM ON PAGE 7.</p> </div>		19	20	21	22
23			24	25 Σύσκεψη των δασκάλων του κατηχητικού σχολείου 7 μ.μ.	26	27
30	31					

**Seniors Brunch**

The St. Demetrios Seniors will meet for Brunch Saturday August 15<sup>th</sup> after church services.

The menu includes French Toast, scrambled eggs, home fries, bacon, sausage, fresh fruit, Danish, coffee/tee and apple or cranberry juice.

Cost for is \$10 for members, \$15 for non-member visitors.

Please RSVP by August 10th to Helen Catelanos at 732 549-0508 (Reservations required)

Checks made payable to St. Demetrios Seniors can be sent to:

Helen Catelanos  
63 Stephenville Pkwy  
Edison, NJ 08820



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Ελληνικά ή Αγγλικά  
(Μόνο τα μικρά ονόματα)

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#### St. Demetrios Listserv Policy

Listserv policy was discussed at the April Parish Council meeting. Dino Kusulas was appointed chair the Communications Committee and tasked draft policy which was subsequently approved by the president.

St Demetrios listserv policy, with the exception of breaking news and time sensitive events (i.e. deaths announcements; information for trisagion services and funeral arrangements), is to consolidate as much information as possible into a single weekly listserv posting – typically to accompany the Friday posting of the weekly bulletin.

With the exception of the weekly and monthly newsletters to the community the listserv will not be used to distribute multiple large-sized file attachments such as fliers and documents from outside of our organization. We will however encourage providing, and will publish, links to such documents within the St. Demetrios Listserv postings.

Meeting notices for distribution to the entire community via listserv are acceptable and should only serve as a supplement to each organization's own membership focused email campaign, telephone chain, mailings or monthly newsletter notices.

All organizations will be asked to plan accordingly for promotion of events through the listserv.

Submissions for the weekly listerv posting must be submitted to the Parish Council for review and approval in time for the next scheduled Parish Council meeting. The submissions must:

- Include a summary of the following month's planned submissions.
- Include a final draft of each planned submission.
- Include URLs (links) from where subscribers can download documents, forms, fliers or additional information must be included in the intended copy – or a point of contact email address from which subscribers can request materials to be forwarded.
- Include the schedule of distribution – i.e. a date for each planned posting must be specified.

In addition, each organization will appoint a duly elected officer, i.e. Secretary or VP, to coordinate the above submission/process with the Parish Council. The church email address Stdgoa@gmail.com shall be primary point of contact (POC) for all listserv planning.

Regarding the monthly newsletter, all organizations are encouraged to provide a monthly submission to highlight, promote and celebrate each organization, its mission and its membership. A duly appointed officer of the organization, or designate, should be coordinating newsletter submissions as well with the POC referenced in the last published edition of the newsletter. All submissions must meet the specified deadline criteria as per the last published newsletter.



Have you visited the St Demetrios Perth Amboy website lately?  
You can now make donations, and honor your stewardship commitment by  
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<http://www.stdemetriosperthamboy.org/donations/>

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OCMC missionary Pamela Barksdale  
with Philoptochos president Stella  
Wacker on pilgrimage to Agia Skepi Holy  
Protection Monastery for  
St. Marina's day

### CHURCH REPAIRS

Alter lights have now been replaced with new LED track lighting (donated). Our blessed Panagia's face is now beautifully lit.

New (donated) church sound system is now in place.

Pendulum lights in the main area of the church have been restored to their original splendor.

Repairs and new lighting fully completed on the Wisteria St. side stairs.

Come see the wonderful improvements to our church.