



*Parish
Newsletter
June 2018*

Saint Demetrios

41-47 Wisteria St., Perth Amboy, N.J. (732) 826-4466

Rev. George Parsenios

Sunday of all Saints - June 3, 2018
Τὸν Ἀγίων Παντῶν - 3 Ἰουνίου, 2018



Honouring the friends of God with much reverence, the Prophet-King David says, "But to me, exceedingly honourable are Thy friends, O Lord" (Ps. 138:16). And the divine Apostle, recounting the achievements of the Saints, and setting forth their memorial as an example that we might turn away from earthly things and from sin, and emulate their patience and courage in the struggles for virtue, says, "Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every burden, and the sin which doth so easily beset us, and let us run with patience the race that is set before us" (Heb. 12:1).

This commemoration began as the Sunday (Synaxis) of All Martyrs; to them were added all the ranks of Saints who bore witness (the meaning of "Martyr" in Greek) to Christ in manifold ways, even if occasion did not require the shedding of their blood.

Therefore, guided by the teaching of the Divine Scriptures and Apostolic Tradition, we the pious honour all the Saints, the friends of God, for they are keepers of God's commandments, shining examples of virtue, and benefactors of mankind. Of course, we honour the known Saints especially on their own day of the year, as is evident in the Menologion. But since many Saints are unknown, and their number has increased with time, and will continue to increase until the end of time, the Church has appointed that once a year a common commemoration be made of all the Saints. This is the feast that we celebrate today. It is the harvest of the coming of the Holy Spirit into the world; it is the "much fruit" brought forth by that "Grain of wheat that fell into the earth and died" (John 12:24); it is the glorification of the Saints as "the foundation of the Church, the perfection of the Gospel, they who fulfilled in deed the sayings of the Saviour" (Sunday of All Saints, Doxasticon of Vespers).

In this celebration, then, we reverently honour and call blessed all the Righteous, the Prophets, Apostles, Martyrs, Confessors, Shepherds, Teachers, and Holy Monastics, both men and women alike, known and unknown, who have been added to the choirs of the Saints and shall be added, from the time of Adam until the end of the world, who have been perfected in piety and have glorified God by their holy lives. All these, as well as the orders of the Angels, and especially our most holy Lady and Queen, the Ever-virgin Theotokos Mary, do we honour today, setting their life before us as an example of virtue, and entreating them to intercede in our behalf with God, Whose grace and boundless mercy be with us all. Amen.



We are searching for business owners and/or individuals to sponsor and support our monthly newsletter which will allow us to continue publishing current news to our Church Community and our surrounding community through our on-line version. If you know of anyone who may be interested in participating as a sponsor, please provide him/her with our Church Office telephone number, 732-826-4466, for further information and details. Your efforts will be greatly appreciated and will allow us to continue providing our newsletter to our parishioners.



Message from Father George

Summer has arrived. A time of relaxation. A time of vacation. Even our spiritual life needs periods of rest. St. Anthony of the Desert described the need for rest by pointing to the string on a bow. If the string is left always in the bow, it eventually breaks from the pressure. The string needs to be loosened so that it does not snap and tear. So, too, in our spiritual lives we sometimes need to slow down and to rest so that we do not feel too much pressure. But this does not mean that we ignore our spiritual lives all summer. Too often, people take a summer break from Church as long as the break that children take from School. This is not good. Let us be different this summer. We can slow down. We can give ourselves a break. But let us remember that prayer is to our spiritual lives what food and water and sleep are to our bodies. Our bodies need to be fed and so do our souls. Remember to come to Church and to partake of the food that never perishes and drink from the water that never leaves us thirsty. Have a wonderful summer! I will see you in Church!

Το καλοκαίρι έχει φτάσει. Μια εποχή για ξεκούραση. Μια εποχή για διακοπές. Ακόμα και η πνευματική μας ζωή χρειάζεται μια περίοδο ξεκούρασης. Ο Άγιος Αντώνιος της Ερήμου περιέγραψε την ανάγκη για ξεκούραση δείχνοντας τη χορδή σε ένα τόξο. Αν η χορδή παραμένει μόνιμα τεντωμένη στο τόξο, κάποια στιγμή θα κοπεί από την πίεση. Η χορδή πρέπει να χαλαρώσει για να μην σπάσει και σκιστεί. Έτσι ακριβώς και με την πνευματική μας ζωή, μερικές φορές χρειάζεται να χαλαρώνουμε, ώστε να μην νιώθουμε πολύ πίεση. Αυτό όμως δεν σημαίνει ότι θα αγνοούμε την πνευματική μας ζωή ολόκληρη την περίοδο του καλοκαιριού. Συχνά, οι άνθρωποι κρατούν το καλοκαιρινό τους διάλλειμα από την εκκλησία όσο τα παιδιά από το σχολείο. Αυτό όμως δεν είναι σωστό. Ας κάνουμε την διαφορά αυτό το καλοκαίρι. Μπορούμε να πάμε με αργούς ρυθμούς. Μπορούμε να δώσουμε στους εαυτούς μας ένα διάλλειμα. Αλλά πρέπει να θυμόμαστε ότι για την πνευματική μας ζωή η προσευχή είναι όπως το φαγητό, το νερό και ο ύπνος για το σώμα μας. Το σώμα μας πρέπει να τραφεί, όπως ακριβώς και η ψυχή μας. Θυμήσου να έρθεις στην εκκλησία και να τραφείς από το φαγητό που δεν τελειώνει ποτέ και να πιείς από το νερό που δεν θα σε αφήσει ποτέ διψασμένο. Να έχεις ένα υπέροχο καλοκαίρι! Θα σε συναντήσω στην εκκλησία!



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NEWSLETTER

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PRESIDENT'S MESSAGE

My Dear Brothers and Sisters in Christ,

June is a month for Commencement. Students finish their school year studies and commence to another grade or stage of their lives. To those graduating, we honor, congratulate and wish you continued success.

We are all finishing a long year, including what seemed to be an endless winter but spring has commenced and soon summer will be upon us. Many will stop their yearly routines and take time off to rest, recover and rebalance from everyday demands. And, so, it should be as the Psalm reminds us: To everything there is a season.

But what happens at God's house in the summer? Do we think who will keep God's house open when so many leave? The answer is WE ALL MUST. Take your vacations, go to the beach, see friends and relatives but make sure BEFORE you go, you think about your Church and ACT to help keep it open. Did you leave an extra envelope to help the Church with expenses while you are gone? Did you see if the Church needs any help with fewer people to help on Sundays who, also, are on vacation? Are there supplies you can donate while others are away?

This Church is OUR CHURCH, COLLECTIVELY, and we must ALL pull together to insure its survival.

Please remember that God is in our Church always. Let us commence to be with Him both now and throughout the summer. Come to services during the summer, give an extra envelope or two for the weeks you are away and be an active member commencing today.

Your inaction is a negative action. Only by your ACTION to help will we have positive forces joining for a common good. So, make June your month to commence as an active parishioner.

Hon. Marina Corodemus

President, Parish Council



Greek School News



The Greek School graduation will take place on Sunday, June 10, 2018 after the Divine Liturgy. The students of the Greek School will present a small program. After the program they will receive their report cards and certificates. We invite everyone to join us on this special day.

Anyone who is interested in signing up their children for Greek School in September, please contact the office at 732-826-4466.

Have a great summer break, and see you all again next year!

Dean Kakadelis
Greek School President

Mrs. Alexandra Velmahos
Greek School Teacher

Το Ελληνικό Σχολείο του Αγίου Δημητρίου θα έχει την ημέρα αποφοίτησης την Κυριακή, 10 Ιουνίου, 2018. Τα παιδιά του σχολείου θα έχουν ένα μικρό πρόγραμμα και θα παρουν τα ενδεικτικά τους και τα απολυτήρια. Παρακαλούνται όλοι οι γονείς να είναι στην εκκλησία την ημέρα αυτή.

Επίσης, όσοι γονείς θέλουν να εγγραφουν το παιδί ή παιδιά τους στο Ελληνικό Σχολείο, πρέπει να το κάνουν πριν το τέλος του καλοκαιριού, τηλεφωνώντας στο γραφείο της εκκλησίας 732-826-4466.

Ευχομαστε σε όλους σας ένα χαρούμενο καλοκαίρι.

Κωνσταντίνος Κακαδελής
Προεδρος Ελληνικού Σχολείου

Αλεξάνδρα Βελμάχου
Διδασκαλίςσα Ελληνικού Σχολείου

G.O.Y.A. News

Now that our Goyans have had so much fun hosting and participating in Indoor Olympics, the year is coming to an end. With the year closing, we can't wait to welcome new Goyans and wish Jadyn Simatos, the glue to our G.O.Y.A., good luck in college. She has put her heart and soul into everything. We know she'll thrive in college and make us proud. She will truly be missed. She is a integral part of the Goya, winning many awards and participating in almost every event. The G.O.Y.A. is excited about our summer week, a week full of action-packed daily activities. As always, if you know of anyone who would like to join our G.O.Y.A. in September, please contact Nick and Cindy at cynthiagianna@gmail.com, our advisors or Jadyn Simatos, our President at 732-354-6721.

Submitted by,
Kali Simatos



SAINT DEMETRIOS LADIES PHILOPTOCHOS SOCIETY

"Let us not get tired of doing good. As often as we have the chance, we should do good to everyone, and especially to those who belong to our family in the faith." Galatians 6:9-10

Dear Parishioners,

Xristos Anesti!

Congratulations to all the Clergy laity Honorees from our community! Thank you for your hard work and dedication! Thank you to all the ladies that baked for our bake sale for Palm Sunday, thank you for always supporting us.



Thank all the members who helped with the loukoumades sales, and especially our two bakers, Zafe Filindras and Mary Simatos.

We will have a ladies day out luncheon in May/June more info to follow!

Philoptochos is the philanthropic arm of the Church. We support the following charities as required by the Archdiocese on an annual basis, and in order to meet our commitments, we plan fundraising events throughout the year. New Members are always welcomed!

NATIONAL	COMMITMENTS
Academy of Saint Basil	Orthodox Christian Fellowship
Autism Fund	Orthodox Christian Missions and Support a Mission Priest
Children's Medical Fund	Retired Clergy and Widowed Presbyteras Benevolent Fund
Ecumenical Patriarchate	Saint Photios Shrine
Emergency Fund, National	75th Anniversary Founders Fund
General Medical Fund	Social Services/Cancer and Other Major Illnesses Fund
Hellenic College Holy Cross School of Theology	United Nations International Children's Emergency Fund
The Archdiocesan Presbyters Council and National Sisterhood of Presbyteras Joint Benevolent Fund	International Orthodox Christian Charities
METROPOLIS OF	N.J. PHILOPTOCHOS
Social services Obligations	Schools of the Patriarchate
ST. DEMETRIOS &	COMMUNITY SUPPORT
MADD/Ronald McDonald House etc.	Thanksgiving Baskets
Domestic Violence prevention	Saint Demetrios SS assistance
Decorate the church with flowers on major holidays, such as Easter, Epitaphio, Saint Demetrios' nameday, etc.	Food Bank

In Christ,
Stella Wacker



Clergy Laity Conference

Those of us who attended this year's Clergy Laity Conference had a pleasant surprise. Father George was one of the special presenters speaking on the topic, "From Pascha to Pentecost with the Gospel of St. John." He was commended on an inspiring message by His Eminence Evangelos which made us very proud! Congratulations, Father George!



Our Clergy Laity Honorees were all smiles as they posed with Father George. From left to right, the award winners are Jady Simatos, Dino Kusulas, Stella Wacker who received two awards, one for her work at our Church and the other from the Metropolis, Angeliki Krousos, Anna Kyriakatos, Diana Regan and Ted Kaidas. Congratulations to each of them!

Saint John Chrysostom Oratorical Festival



The Junior and Senior groups of the Northern Metropolis of NJ, posed for pictures after their Oratorical Speeches were delivered to an excited audience. We proudly announce that our two representatives, Kali Simatos (Junior) and Julia Parsenios (Senior) both achieved finalist status and will now move into the next level of competition at the State Oratorical



Festival on May 19, 2018. Good luck to Kali and Julia! We are already extremely proud of you both!

G.O.Y.A. Indoor Olympics

The Indoor Olympics has been hosted by Perth Amboy for decades and this year was no different. Thirteen Churches competed in the full day event which included ping pong, badminton, chess, backgammon & checkers. Everyone enjoyed the friendly competition!





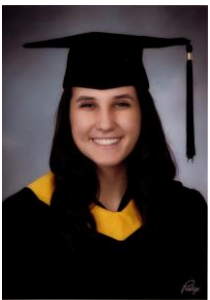
Hope and Joy Ministries



This month's lesson focused on the Orthodox Booklets, **The Ascension of Our Lord; 12 Great Feasts**, which were donated by our Board President, Marina Corodemus. The beautiful little booklets display how In His Ascension, Christ raises our humanity to the throne of God and discusses the Twelve Great Feasts for Children. While the Hope Ministry engaged in their activity, the Joy Ministry students participated in Greek dance lessons taught by Jady Simatos. Hope and Joy will continue in the fall and we hope to see you all then.

Kally Durso
Parish Council Member and Hope and Joy Ministries Facilitator

Congratulations



Katina Mary Vosinas

Katina has been a member of the St. Demetrios Community since birth. She actively participated in our Sunday School as well as GOYA where she served as President in her senior year of high school. She lives in Princeton and is graduating from Seton Hall University School of Health & Medical Sciences in South Orange with a Bachelor of Science degree in Biology. She has already started her graduate courses toward earning her Doctor of Physical Therapy degree and will be studying at the Hackensack Meridian School of Medicine at Seton Hall University in Nutley beginning this summer.

George Angiola

George is a Graduate of Saint Joseph High School in Metuchen, where in addition to his academic achievements, he served as Captain of the Crew Team in his senior year. He will attend La Salle University in the fall where he will, also, be a part of the Division One Crew Team and will major in Biology.



Jady Simatos

Jady has been a member of the Saint Demetrios Church her entire life. She has actively participated in Sunday School, Greek School, and G.O.Y.A. She is this year's G.O.Y.A. president and has been an outstanding member who has brought home many ribbons and trophies. Jady continues to exceed expectations and makes her family proud. She will be graduating from Old Bridge High School and will be attending SCAD, Savannah College of Art and Design, in the fall.



Congratulations

Nicolette Dulin

Nicolette graduated with a B.S. in Psychology and a minor in health administration from Rider University. Nicolette has been completing internships with JFK hospital and children's Specialized Hospital to fulfill the requirements of her next journey which is graduate school for occupational therapy.



Daniel Cosentino

Daniel graduated from New Jersey City University in 2016 with a Bachelor of Science degree in National Security Studies. Daniel has gone on to graduate from the Essex County Police Academy this past April 2018 and has started his career as a New Jersey Transit Police Officer. Daniel is currently an active member of both the South River and East Brunswick Fire Departments, as well, where his giving spirit continues to serve his community.

Alyssa Cosentino

Alyssa has graduated, May 2018, from Monmouth University with a Bachelor of Arts degree in Psychology and a minor in Childhood Studies. While at Monmouth University, Alyssa held several positions in Alpha Sigma Tau, national sorority. Alyssa looks forward to furthering her education and obtaining her Master's degree in School Psychology.

Melissa Lillian Rasimowicz

Melissa graduated from Rider University this year with a BS in Behavioral Neuroscience and BA in Dance. Melissa has been dancing since she was 3 years old and has always had interests in the sciences. She will be attending New York University for a Master's degree in Nutrition and Clinical Dietetics.

Samantha Pauline Rasimowicz

Samantha graduated from Monroe Township High School last year. She is attending Rutgers University New Brunswick and is undecided at this time about her major. Samantha has a beautiful voice and enjoys singing, dancing and the theater.

**The new 100th anniversary wall is now up. Place your orders now.
Don't wait until space is limited.**

Small Bricks \$150

Large Bricks \$350

Expansion to the front and side of the church means replacing new bricks at a premium expense. Space is now very limited. Place your brick orders now before the walls are filled and you miss this last chance to have your family name, for yourself, your family, and your friends, in honor of a beloved family member, as tribute to a mentor or in memory of a relative that has passed- the bricks are precision engraved to last a lifetime.

Since 1917, when Saint Demetrios opened its doors, it has been a place of worship for central New Jersey Orthodox Religion. The meditation garden overlooks the water of the Raritan Bay surrounded by the history of our present and past loved ones. Their memories shall truly be eternal in this most special area. Adorning the garden will be the mosaic of St. Gabriel, one of Seven Archangels. The name Gabriel means God is Strong, God is powerful God is mighty.

Questions? Please contact Froso Morales at 732-826-4466



WE ARE EXCITED!

VACATION CHURCH SCHOOL

IS COMING, AGAIN!

SAVE THE DATES! JUNE 25 – 29, 2018

9:00 am – 12:00 noon

Kindly register children by **SUNDAY, MAY 28, 2018**
by completing and mailing this bottom portion to:

Saint Demetrios Church
c/o Helen Coutros Horan
41-47 Wisteria Street
Perth Amboy, N.J. 08861

You can also call Helen at (cell) 908-794-3065 or send her an
email at helehoran@yahoo.com.

Name of Child _____ Grade in School to be completed in June _____

Address _____ Home# _____

Parent's Name _____ Cell # _____

E-mail Address _____

I give permission for my child to attend Vacation Church School from June 25 – 29, 2018.

Parent's Name (print)

Parent's Signature


Tuition is free!





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~ June 2018~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 All Saints Day Philoptochos Pancake Breakfast	4	5	6	7	8	9
10	11	12	13	14	15	16
17 PTO Father's Day Celebration	18	19	20	21	22	23
24 Nativity of John the Baptist	25 ***** V A C A T I O N	26	27 C H U R C H	28 S C H O	29 Apostles Peter and Paul Divine Liturgy 10:00 a.m. O L *****	30

~ Ιουνιος 2018~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Αγιων Παντων Φιλοπτωχος Τηγανιτες – πρωινο γευμα	4	5	6	7	8	9
10	11	12	13	14	15	16
17 Εορταςμος της Ημερας του Πατερα	18	19	20	21	22	23
24 Γεννηση Αγιου Ιωαννη Βαπτιστη	25 ***** V A C A T I O N	26	27 C H U R C H	28 S C H O	29 Αγιοι Πετρος και Παυλος Πρωτοκορυφαιοι Αποστολοι Θεια Λειτουργια 10:00 O L *****	30



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<http://www.stdemetriosperthamboy.org/donations/>

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Orthodox Church
41-47 Wisteria Street
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Cell: (609) 462-2949
Fax: (732) 826-4312

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Mother of the Year 2018

Mary Simatos was announced as our Saint Demetrios Mother of the Year 2018 to the delight of her proud family and the entire Congregation. This honor is well-deserved and a true Blessing for this humble lady who has worked tirelessly for our Church.